

## **Why Use Sanskrit**

By Robert Svoboda

Sanskrit is not an ordinary language, one that has evolved by trial and error over centuries of mass mispronunciation. Sanskrit is a product of phonetic engineering. Each of its words has a vibratory meaning in addition to its overt meaning. This is why Sanskrit is called a mantric language, a language whose each word is a mantra. A mantra is a group of sounds which when pronounced in a particular way creates a particular vibration in the brain and body of the pronouncer and on anything into which the pronouncer directs it. Just as food can carry prayer or hatred into the system, a mantra's vibration can be carried on any substance, even water, into the body.

Rushing Water Yoga  
The BKS Iyengar Yoga School of Southwest Washington  
417 NE Birch St.  
Camas, WA 98607  
360.834.5994

[www.rushingwateryoga.com](http://www.rushingwateryoga.com)  
[info@rushingwateryoga.com](mailto:info@rushingwateryoga.com)