

Rushing Water Yoga Class Schedule for 2008: Session 3

The BKS Iyengar Yoga School of Southwest Washington

417 N.E. Birch St., Camas, WA 98607 360.834.5994 www.rushingwateryoga.com

Session 3 starts on **April 14th** and will last 6 weeks through **May 22nd**.

Feel free to drop-in on any class.

Your first class is always **FREE!** Come to any beginning level class of your choice.

Fee Schedule	6 classes \$72.00	IYANW Members (10% discount)
Drop-in:	\$15.00 per class	\$64.80
Two Classes a Week:	\$132.00	\$13.50
Three Classes a Week:	\$186.00	\$118.80
		\$167.40

IYANW (Iyengar Yoga Association of the North West) members receive 10% off of all classes.

Scholarships or sliding scale prices are available. Please request an application.

All classes need a minimum of five registered students to be held. All classes will be held for the first two weeks.

	Monday	Tuesday	Wednesday	Thursday	Sunday
9-10:30 am				beginning	
10-11:30 am		beginning Paul		Paul	
5:30-7 pm		beginning Paul		intermediate Paul	
6-7:30 pm			beginning Paul		Free
6:30-8 pm	beginning Paul				Meditation 7-8 pm
7:15-8:45 pm		beginning Paul		beginning Paul	

Class Policies:

- Wear shorts or footless tights and a T-shirt. Please, no baggy pants. Bare feet are required. Please do not wear perfume or heavy jewelry to class.
- Please be on time, arrive with an empty stomach and inform the teacher of any injuries or health issues before class.
- You can make up missed classes in an appropriate level class any time during the current term or you may bring a friend to your regular class. Students who are registered and pay in full for the next session may carry over their makeups to that session. You can also make up a class before you miss a class.